

COURSE INFORMATION

NEEDS ASSESSMENT/PURPOSE

Based on previous attendees assessment of program needs and their clinical skills as well as review of the literature and recent clinical and epidemiologic studies, this year's course will be directed at proven clinical pathophysiology, treatment and diagnosis of hypertension, dyslipidemia, metabolic syndrome, diabetes, renal failure and other target organ damage in hypertension. The recent Accomplish Trial and ASCOT Study call into question the clinical use of diuretics for hypertension related to an increased risk in coronary heart disease and myocardial infarction as well as an increased risk for Type II diabetes over time. Review of referral patterns and drug usage in the Hypertension Institute and the Saint Thomas Medical Group of over 250,000 patients indicate that most physicians in private practice are at least five to ten years behind present clinical studies related to appropriate treatment of hypertension, drug usage and treatment goals. Through presentation of new information and interactive panel discussions, the expected result of this symposium is the improvement of physician competency and performance in the provision of evidence-based treatments for patients with hypertension and related vascular disorders.

TARGET AUDIENCE

This course is designed for primary care physicians, including internists, family physicians, general practitioners and general surgeons, cardiologists, nephrologists, endocrinologists, neurologists, vascular specialists, hypertension specialists, nurses, pharmacists, residents and other healthcare professionals.

FORMAT

Speakers will use a combination of lectures and interactive educational techniques. Panel Discussions and Meet the Professors Workshops will examine in detail the practice implications of the material presented. Clinical cases will be presented. Participants will be encouraged to ask questions related to practice issues. A syllabus will be provided at registration.

EDUCATIONAL OBJECTIVES

At the conclusion of this course, participants should be able to:

- Discuss clinical pharmacology and compare drug interactions of cardiovascular medications.
- Discuss drug therapy for hypertension and concomitant diseases.
- Discuss prevention and treatment of hypertensive heart disease.
- Discuss combination therapies for dyslipidemia, prehypertension, hypertension, metabolic syndrome and diabetes mellitus.

ACCREDITATION

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the Consortium for Southeastern Hypertension Control (COSEHC) with the Hypertension Institute. The Consortium for Southeastern Hypertension Control is accredited by the ACCME to provide continuing medical education for physicians.

CME DESIGNATION

The Consortium for Southeastern Hypertension Control designates this educational activity for a maximum of 14.5 hours in Category 1 credit towards the AMA Physician's Recognition Award. Each physician should claim only those hours he/she actually spent in the educational activity. The activity has also been submitted to the American Academy of Family Physicians for review of prescribed credits.

ACKNOWLEDGEMENT OF COMMERCIAL SUPPORT

This program is supported by unrestricted educational grants from several commercial sources. All commercial support information will be provided in the materials the participant will receive at the beginning of the meeting.

COMMERCIAL CONFLICTS OF INTEREST DISCLOSURES

All commercial conflicts of interest of the course's Planning Committee and course Faculty members will be disclosed to the course participants in the materials the participant will receive at the beginning of the meeting.

LOGISTICAL INFORMATION

LOCATION

This course will be offered at the Gaylord Opryland Resort & Convention Center, 2800 Opryland Drive, Nashville, Tennessee.

LODGING

Attendees are encouraged to stay at the Gaylord Opryland Resort & Convention Center where block rooms and reduced conference rates are available. When making your reservation, be sure to give them the Group Code X-HYPE8 to receive the conference rate. The cutoff date for receiving the reduced conference rate is September 8, 2008. This Resort is the location for all Symposium lectures and activities and is convenient. Registrants are responsible for making their own reservations.

GAYLORD OPRYLAND RESORT & CONVENTION CENTER
2800 Opryland Drive
Nashville, TN 37214
Phone: (615) 889-1000

If you need additional hotel information, please call the Hypertension Institute at (615) 297-5551.

REGISTRATION

The registration fee for the entire two and one-half day course is \$495 if payment is received before October 9, 2008 or \$595 at the door. If you do not wish to attend the entire course, the registration fee is \$250 per day. The registration fee covers all program and educational material costs as well as expenses for refreshment breaks and lunches. To register, you can complete the form included in this brochure or you can register on-line at www.cosehc.org.

Early registration is encouraged. The room contains a limited number of seats.

EMERGENCY TELEPHONE

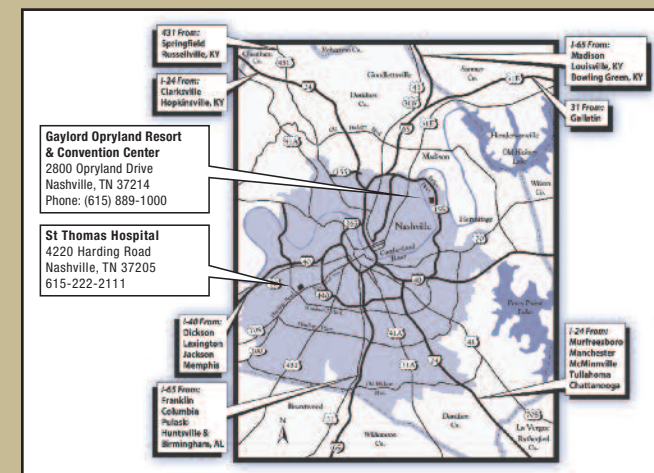
During the conference, you may be reached at (615) 889-1000. Telephones will be available.

AMERICANS WITH DISABILITY ACT

It is the policy of COSEHC and the Hypertension Institute not to discriminate against any person on the basis of disabilities. If you feel you need services or the auxiliary aids mentioned in this act in order to fully participate in this continuing medical education activity, please call the COSEHC Office of CME at (336) 716-8238.

FOR MORE INFORMATION...

Contact the Registration Secretary at (336) 716-8238 or Sherry Gill at (615) 297-5551.



SPEAKER INFORMATION

BRENT M. EGAN, M.D.

Professor of Medicine and Pharmacology
Head of Hypertension Section
MEDICAL UNIVERSITY OF SOUTH CAROLINA
Charleston, South Carolina

MARK C. HOUSTON, M.D., M.S., FACP, FAHA

Associate Clinical Professor of Medicine
VANDERBILT UNIVERSITY SCHOOL OF MEDICINE
Director, Hypertension Institute
Nashville, Tennessee

JOSEPH L. IZZO, JR., M.D.

Professor of Medicine and Pharmacology
STATE UNIVERSITY OF NEW YORK AT BUFFALO
Clinical Director of Medicine
ERIE COUNTY MEDICAL CENTER
Buffalo, New York

JON H. LEVINE, M.D.

Clinical Professor of Medicine
MEHARRY MEDICAL COLLEGE
Chief of Endocrinology
NASHVILLE GENERAL HOSPITAL
Nashville, Tennessee

FRANZ H. MESSERLI, M.D., FACC, FACP

Professor of Clinical Medicine
COLUMBIA UNIVERSITY COLLEGE OF PHYSICIANS AND SURGEONS
Director of Hypertension Program
Division of Cardiology
SAINT LUKE'S-ROOSEVELT HOSPITAL
New York, New York

THOMAS G. PICKERING, M.D., D.PHIL.

Professor of Medicine
Director, Behavioral Cardiovascular Health and Hypertension Program
COLUMBIA PRESBYTERIAN MEDICAL CENTER
New York, New York

DOMENIC A. SICA, M.D.

Professor of Medicine and Pharmacology
Chairman of Clinical Pharmacology and Hypertension
Division of Nephrology
VIRGINIA COMMONWEALTH UNIVERSITY HEALTH SYSTEM
Richmond, Virginia

ROBERT D. TOTO, M.D.

Mary M. Conroy Professorship in Kidney Disease
Distinguished Teaching Professor
Department of Internal Medicine
THE UNIVERSITY OF TEXAS SOUTHWESTERN MEDICAL CENTER DALLAS
Dallas, Texas

13TH ANNUAL HYPERTENSION SYMPOSIUM 2008



SPONSORED BY:

**HYPERTENSION INSTITUTE
SAINT THOMAS MEDICAL GROUP
SAINT THOMAS HOSPITAL**
Nashville, Tennessee

Continuing Medical Education Joint Sponsorship
with

**THE CONSORTIUM FOR SOUTHEASTERN
HYPERTENSION CONTROL (COSEHC)**
Winston-Salem, North Carolina

**Thursday - Friday,
October 9-10, 2008**

Offered At:
Gaylord Opryland Resort & Convention Center
2800 Opryland Drive
Nashville, TN 37214
615-889-1000

(When making room reservations, be sure to ask for Group Code X-HYPE8)

For questions regarding the Symposium, please call Sherry Gill at 615-297-5551

AGENDA

13TH ANNUAL HYPERTENSION SYMPOSIUM 2008
OCTOBER 9-10, 2008

Held in the Delta Island at the Opryland Resort

THURSDAY, OCTOBER 9, 2008

MODERATOR:

MARK C. HOUSTON, M.D., M.S., FACP, FAHA

- 7:30 a.m.** Registration and Check-In
Continental Breakfast
- 7:55 a.m.** Welcome and Introductions
MARK C. HOUSTON, M.D., MSC, FACP, FAHA – Chair
JON H. LEVINE, M.D. – Co-Chair
- 8:00 a.m.** Patient Profiling for Selection of Antihypertensive Therapy: Biochemical, Genomic, Demographic and Hemodynamic
DOMENIC A. SICA, M.D.
- 8:45 a.m.** Questions and Answers
DOMENIC A. SICA, M.D.
- 9:00 a.m.** Antihypertensive Drug Pharmacology, Drug Interactions and Rational Drug Selection
DOMENIC A. SICA, M.D.
- 9:45 a.m.** Questions and Answers
DOMENIC A. SICA, M.D.
- 10:00 a.m.** Refreshment Break and Visit Exhibits
- 10:30 a.m.** Selection of Antihypertensive Drug Therapy Based on Concomitant Medical Diseases
FRANZ H. MESSERLI, M.D., FACC, FACP
- 11:15 a.m.** Questions and Answers
FRANZ H. MESSERLI, M.D., FACC, FACP
- 11:30 a.m.** Panel Discussion
ALL MORNING SPEAKERS
- Questions and Answers
FRANZ H. MESSERLI, M.D., FACC, FACP
DOMENIC A. SICA, M.D.
- 12:00 noon** Sponsored Lunch
Old Hickory Steakhouse at the Opryland Resort
- 1:00 p.m.** Break and Visit Exhibits
- 1:15 p.m.** From Hypertension to Heart Failure – Sequence of Events
FRANZ H. MESSERLI, M.D., FACC, FACP
- 2:00 p.m.** Questions and Answers
FRANZ H. MESSERLI, M.D., FACC, FACP

- 2:15 p.m.** Blood Pressure Measurement: 24-Hour Ambulatory Monitoring, Out of Office, In Office and Circadian Rhythm
THOMAS G. PICKERING, M.D., D.PHIL.
- 3:00 p.m.** Questions and Answers
THOMAS G. PICKERING, M.D., D.PHIL.
- 3:15 p.m.** Refreshment Break and Visit Exhibits
- 3:45 p.m.** Arterial Structure, Function and Arterial Compliance: Clinical Implications for Cardiovascular Risk and Drug Selection in Hypertension
JOSEPH L. IZZO, JR., M.D.
- 4:30 p.m.** Questions and Answers
JOSEPH L. IZZO, JR., M.D.
- 4:45 p.m.** Panel Discussion
ALL AFTERNOON SPEAKERS
- Case Presentations
JOSEPH L. IZZO, JR., M.D.
FRANZ H. MESSERLI, M.D., FACC, FACP
THOMAS G. PICKERING, M.D., D.PHIL.
- 5:30 p.m.** Adjourn

FRIDAY, OCTOBER 10, 2008

MODERATOR:

JON H. LEVINE, M.D.

- 7:30 A.M.** Registration and Check-In
Continental Breakfast
- 8:00 a.m.** Pathophysiology and Treatment of Dyslipidemia: Clinical Evaluation and Role of Nutrition, Nutritional Supplements, Lifestyle Modifications and Drugs: Part 1
MARK C. HOUSTON, M.D., M.S., FACP, FAHA
- 8:45 a.m.** Questions and Answers
MARK C. HOUSTON, M.D., M.S., FACP, FAHA
- 9:00 a.m.** Pathophysiology and Treatment of Dyslipidemia: Clinical Evaluation and Role of Nutrition, Nutritional Supplements, Lifestyle Modifications and Drugs: Part 2
MARK C. HOUSTON, M.D., M.S., FACP, FAHA
- 9:45 a.m.** Questions and Answers
MARK C. HOUSTON, M.D., M.S., FACP, FAHA
- 10:00 a.m.** Refreshment Break and Visit Exhibits

- 10:30 a.m.** Management of Hypertension in Diabetes Mellitus
JON H. LEVINE, M.D.
- 11:15 a.m.** Questions and Answers
JON H. LEVINE, M.D.
- 11:30 a.m.** Panel Discussion
ALL MORNING SPEAKERS
- Questions and Answers
MARK C. HOUSTON, M.D., M.S., FACP, FAHA
JON H. LEVINE, M.D.
- 12:00 noon** Sponsored Lunch
Old Hickory Steakhouse at the Opryland Resort
- 1:00 p.m.** Break and Visit Exhibits
- 1:15 p.m.** The Role of Microalbuminuria and Proteinuria in Predicting Cardiovascular and Renal Disease
ROBERT D. TOTO, M.D.
- 2:00 p.m.** Questions and Answers
ROBERT D. TOTO, M.D.
- 2:15 p.m.** Prehypertension: Rationale for Treatment
BRENT M. EGAN, M.D.
- 3:00 p.m.** Questions and Answers
BRENT M. EGAN, M.D.
- 3:15 p.m.** Refreshment Break and Visit Exhibits
- 3:45 p.m.** Cardiometabolic Syndrome: Clinical Implications for Cardiovascular Risk and Treatment
BRENT M. EGAN, M.D.
- 4:30 p.m.** Questions and Answers
BRENT M. EGAN, M.D.
- 4:45 p.m.** Panel Discussion
ALL MORNING SPEAKERS
- Case Presentations
BRENT M. EGAN, M.D.
ROBERT D. TOTO, M.D.
- 5:30 p.m.** Adjourn

This educational activity is managed by Continuing Medical Education of The Consortium for Southeastern Hypertension Control (COSEHC).

REGISTRATION FORM

13TH ANNUAL HYPERTENSION SYMPOSIUM 2008

Name: _____

Mailing Address: _____

Daytime Telephone: () _____

Fax Number: () _____

E-Mail Address: _____

Specialty: _____

REGISTRATION FEE STRUCTURE:

Payment Received Before October 8, 2008	\$495.00
Two days	\$495.00
One day (Thursday or Friday)	\$250.00
Received after October 8, 2008	\$595.00
At the Door	\$595.00

I will attend the following (please check one)

- October 9-10, 2008
 October 9, 2008 ONLY
 October 10, 2008 ONLY

PLEASE MAKE CHECK PAYABLE TO COSEHC.

Mail registration form and check to

COSEHC
P.O. Box 5097
Winston-Salem, NC 27113-5097

- Check Visa Mastercard

Amount Enclosed: _____

Credit Card Number: _____

Expiration Date: _____ Security Code: _____

Signature _____

Register Online: www.cosehc.org

(Be sure that you are registering for the 13th Annual Hypertension Symposium on October 9-10, 2008 at Gaylord Opryland Resort and Convention Center).

For personal assistance with registration, call COSEHC at 336-716-8238

Refund Policy: A processing fee of \$50.00 will be charged for cancellations received by October 1, 2008. Cancellations after October 1, 2008 will result in complete forfeiture of registration fee.

Hotel Information: Call the Hotel directly and ask for the Group Code "X-HYPE8" or the "Hypertension Symposium Room Block". The cutoff date is September 8, 2008.

Gaylord Opryland Resort and Convention Center

2800 Opryland Drive
Nashville, TN 37214
(615) 889-1000