

PUBLIC HEALTH AND LIFE EXTENSION LECTURES SERIES 2006

SAINT THOMAS HOSPITAL MEDICAL LEARNING CENTER

7:00 P.M - 9:00 P.M.

OPEN TO THE PUBLIC, NO CHARGE

<u>DATE</u>	<u>TOPIC</u>	<u>SPEAKERS</u>
January 12, 2006	ALTERNATIVE, COMPLEMENTARY AND INTEGRATIVE MEDICINE: Nutrition, Nutraceuticals, Vitamins, Minerals, Antioxidants and Other Treatments	Mark Houston, M.D., M.S.
February 2, 2006	OBESITY AND WEIGHT MANAGEMENT	Mark Houston, M.D., M.S. J. J. Virgin, CNS
March 2, 2006	STROKE Prevention, Diagnosis and Treatment	Fred Callahan, M.D.
April 6, 2006	SUCCESSFUL AGING: RESETTING YOUR BIOLOGICAL CLOCK Medical, Dermatologic and Plastic Surgery Intervention	Dawn Vincent, M.D. Mark Houston, M.D., M.S. Bryan Oslin, M.D.
May 4, 2006	HIGH BLOOD PRESSURE (HYPERTENSION) Prevention, Diagnosis and Treatment	Hypertension Institute - Mark Houston, M.D., M.S.
June 1, 2006	OSTEOPOROSIS AND OSTEOARTHRITIS Diagnosis, Medical and Surgical Treatment	Phil Karpos, M.D. Bill Shell, M.D. Eli Steigelfest, M.D.

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July 6, 2006	HIGH CHOLESTEROL (HYPERLIPIDEMIA) Prevention, Diagnosis and Treatment	Mark Houston, M.D., M.S.
August 3, 2006	HEART DISEASE PREVENTION: MEDICAL AND SURGICAL TREATMENT Coronary Heart Disease, Angina, Heart Attacks, Heart Failure, Bypass Graft, Angioplasty, Stents, Angiogenesis, Transmyocardial Laser Revascularization and New Techniques	Todd Shuman, M.D. Don Chomsky, M.D. Hank Jennings, M.D.
September 7, 2006	GASTROINTESTINAL AND LIVER DISEASE GERD, Ulcers, Gastritis, Irritable Colon Syndrome, and Hepatitis	Michael Payne, M.D.
October 12, 2006	NUTRITION, VITAMINS AND ANTIOXIDANTS	Mark Houston, M.D., M.S.
November 9, 2006	REDUCING CARDIOVASCULAR DISEASE, HEART ATTACK, STROKE AND KIDNEY DISEASE New Therapies and Goals for Blood Pressure, Cholesterol and Diabetes Mellitus	Mark Houston, M.D., M.S. John McRae, M.D.
December 14, 2006	EAR, NOSE, THROAT AND PULMONARY DISEASES: Rhinitis, Allergies, Sinusitis, Vertigo, Dizziness and Asthma	Steve Mitchell, M.D. John Fahrenholz, M.D.

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For more information, call H E A L T H L I N K 615-298-3200