

CURRICULUM VITAE
MARCUS C. HOUSTON, M.D., M.S., SCH, ABAAM, FACP, FAHA
MARCH 2009

PLACE OF BIRTH: Jackson, Tennessee

CITIZENSHIP: United States

PERSONAL: Married: Laurie Hays
Children: Helen, Marcus, John, and Kelly

EDUCATION: B.A. Degree - Chemistry, Suma Cum Laude – June 1970
Southwestern at Memphis
Rhodes College
Memphis, Tennessee

M.D. Degree – May 1974 (Highest Honors) (AOA)
Vanderbilt University Medical School
Nashville, Tennessee

M.S. Degree in Human Nutrition – October 2003 (Phi Kappa Phi)
University of Bridgeport
Bridgeport, Connecticut

SPECIAL HONORS

1. **USA Today Most Influential Doctors USA 2009.**
Selected as top Specialist in both Hypertension and
Hyperlipidemia
2. **America's Top Physicians 2008 in Hypertension**
Consumer's Research Council of America

HOME ADDRESS: 2508 Iron Gate Court
Franklin, Tennessee 37069

BUSINESS ADDRESS: Hypertension Institute
4230 Harding Road
Suite 400
Nashville, Tennessee 37205

OFFICE PHONE: 615-297-2700

FAX NUMBER: 615-467-0365

E-MAIL ADDRESS: mhoustonhisth@yahoo.com

WEB SITE: www.hypertensioninstitute.com

PRESENT ACADEMIC APPOINTMENTS AND DIRECTORSHIPS

Associate Clinical Professor of Medicine, Vanderbilt University School of Medicine (1990-present)
Director of Hypertension Institute and Vascular Biology of Nashville (1990-present). The Hypertension Institute is one of twenty recognized Cardiovascular Centers of Excellence designated by COSEHC (Consortium of Southeastern Hypertension Control).
Medical Director, Clinical Research, Hypertension Institute (1995-present)
Section Chief, Division of Nutrition, Hypertension Institute (2003-present)
Director, CME, Hypertension Institute (2003-present)
Director of Life Extension Institute, Saint Thomas Medical Group, Saint Thomas Hospital (1998-present)
Staff Physician, Saint Thomas Medical Group, Saint Thomas Hospital (1990-present)
Staff Physician, Vascular Institute, Saint Thomas Hospital (1990-present)
Faculty Member, Anti-Aging and Functional Medicine Fellowships, University of Tampa, Florida (2005-present)

PROFESSIONAL APPOINTMENTS AND RESPONSIBILITIES

Intern in Medicine, University of California Hospitals, San Francisco, California (1974-1975)
Resident in Medicine, University of California Hospitals, San Francisco, California (1975-1977)
Hugh J. Morgan, Chief Resident in Medicine, Vanderbilt University School of Medicine (1977-1978)
Assistant Professor of Medicine, Vanderbilt University School of Medicine (1978-1989)
Associate Professor of Medicine, Vanderbilt University School of Medicine (1989-1990)
Co-Director, Medical Intensive Care Unit, Vanderbilt University Hospital (1978-1990)
Medical Director, Cooperative Care Center, Vanderbilt University Hospital (1983-1990)
Co-Director, Department of Medicine Resident Report, Vanderbilt University Hospital (1978-1990)
Member, Division of General Internal Medicine, Vanderbilt University School of Medicine (1978-1990)
Member, Primary Care Center, Vanderbilt University School of Medicine (1978-1990)
Attending Physician, Department of Medicine, Vanderbilt University Hospital (1978-1990)
Medical Attending in Vanderbilt Emergency Room (1978-1990)
Staff Physician, Parkview Hospital, Nashville, Tennessee (1978-1990)
Director, Vanderbilt Medical Center Executive Physical Program and Health Promotion Center (1979-1981)
Chief, Clinical Section, Division of General Internal Medicine, Vanderbilt University School of Medicine (1987-1990)
Staff Physician, Saint Thomas Hospital, Nashville, Tennessee (1990-present)
Director, Hypertension Institute and Vascular Biology, Saint Thomas Hospital (1995-present)
Director, Life Extension Institute, Saint Thomas Hospital (1998-present)
Staff Physician, Vascular Institute, Saint Thomas Hospital (2002-present)
Associate Clinical Professor of Medicine, Vanderbilt University School of Medicine (1990-present)

CERTIFICATION

National Board of Medical Examiners – Completed Parts I-III (1975)
American Board of Internal Medicine – Diplomat/Certification (1977)
American Society of Hypertension (ASH) Specialist in Clinical Hypertension (SCH) (1999)
American Academy of Anti-Aging Medicine – Diplomat (1999) (Board Certification 2003)
Masters of Science in Human Nutrition, University of Bridgeport, Connecticut (2003)

FELLOWSHIPS

Fellow, American College of Physicians (FACP) (1984)
Fellow, National Council on High Blood Pressure Research (1996)
Fellow, International Society for Hypertension in Blacks (FISHIB) (1999)
Fellow, American Heart Association (FAHA) (2001)
Fellow, Council on Nutrition, Physical Activity and Metabolism (AHA) (2003)

ACTIVITIES, HONORS AND AWARDS

Jackson High School, Jackson, Tennessee

Valedictorian (1966)

Southwestern at Memphis (Rhodes College) (1966-1970)

Graduated Summa Cum Laude (1970)
Phi Beta Kappa (1970)
Who's Who in American Colleges and Universities (1970)
Nominated to finals for Tennessee Selection Rhodes Scholar (1970)
President of Honor Council (1969-1970)
Junior Honor's Program - Independent Research in Chemistry on Aging, under Dr. Harold Lyons (1969)
Omicron Delta Kappa (1968)

Vanderbilt University Medical School and Medical Center

Alpha Omega Alpha (1974)
J. William Hillman Award for Excellent in Teaching - Selected as best teacher by 3rd and 4th year medical Students - Vanderbilt University Hospital (1978)
Henry J. Kaiser Family Foundation Faculty Fellowship Semifinalist (1980)
Fellow of the American College of Physicians (FACP) (elected 1984)

Saint Thomas Hospital

The 2002 Harold Harper Lecture Awardee – “Role of Vascular Biology, Nutrition and Nutraceuticals in Prevention and Treatment of Hypertension” – American College for Advancement in Medicine (ACAM) – Fall Conference, November 9 – Phoenix, Arizona (2002)
Jackson Purchase Cardiovascular Society Distinguished Lecturer – “Management of Resistant Hypertension” – 2004 Winter Vascular Symposium – January 17 – Paducah, Kentucky (2004)
Stroke and Heart Attack Prevention Centers (2006)

University of Bridgeport, Connecticut

Honor Society of Phi Kappa Phi (2003)

America's Top Physicians in Hypertension 2008 Consumers Research Council of America

USA Today Most Influential Doctors in USA in both Hypertension and Hyperlipidemia: 2009

EDITORIAL BOARDS, EDITORIAL CONSULTANT OR REVIEWER

Medical Editor for The Board Examination Review & Study Guide, 2009 Edition of the American Academy of Anti-Aging Medicine (A4M) (2009 – present)
Editor-in-Chief for Journal of the American Nutraceutical Association (JANA) (2001-present)
Protocols: Strategies from Experts in Cardiology (1990-present) (Editorial Board and Consultant)
Editorial Board for Protocols: Strategies from Experts in Cardiology (1990-present)
The Journal of the American Nutraceutical Association (2000-present) (Editorial Board)
Chest (Reviewer)
Archives of Internal Medicine (Reviewer)
American Medical Reports Emergency Medicine Section (Reviewer)
American Heart Journal (Reviewer)
Southern Medical Journal (Reviewer)
Medical Letter (Reviewer)
American Journal of Medicine (Reviewer)
Hypertension (Reviewer)
Annals of Internal Medicine (Reviewer)
New England Journal of Medicine (Reviewer)
American Journal of Hypertension, Ltd. (Reviewer)
Human Hypertension (Reviewer)
Journal of the American Medical Association (JAMA) (Reviewer)
Therapeutic Advances in Cardiovascular Disease (Reviewer)

ADVISORY BOARDS

Health Trac Hypertension Advisory Board (1990-present); Stanford, California
"Heart and Circulation" Journal (1990)
Protocols: Strategies from Experts in Cardiology (Editorial Advisory Board) (1990-present)
National Bureau for Information on Coronary Heart Disease Risk; Connecticut
Doxazosin Investigators and Consultants Educational Exchanger; New York, New York
Vascular Biology and Hypertension Consultants RDR; Boston, Massachusetts
The Consortium for Southeastern Hypertension Control (COSEHC) (External Medical Advisory Board) (2001-present) and Board of Directors (2002-present)
Chair, American Nutraceutical Association (ANA) (Advisory Council)
Member, American Heart Association Council on Arteriosclerosis, Thrombosis, and Vascular Biology
Board of Trust and Executive Board – Consortium of Southeastern Hypertension Control (COSEHC)
Vascular Biology and Hypertension Consultants (RDR)
Doxazosin Investigators and Consultant Exchange (DICE)
National Bureau for Information on CHD
Helios Health Hypertension Expert
Kronos Clinical Age Management
Vascular Biology Working Group
Chair, Medical Advisory Board – American Nutraceutical Association (ANA)
Vascular Institute – Saint Thomas Hospital
American Society of Hypertension Committee on Membership (ASH) (2002-present)
The Consortium for Southeastern Hypertension Control CME Committee (COSEHC) (2002-present)
Medical Liaison to Institute of Medicine (IOM) for the National Institutes of Health and Agency for Healthcare Research and Quality for Complementary and Alternative Medicine (ANA Representative), 2003
Chair, COSEHC Annual Cardiovascular Symposium (2002)

Co-Chair, COSEHC Cardiovascular and Hypertension Guidelines (2004)
Global Cardiovascular Risk Registry Steering Committee, COSEHC (2006)

SOCIETIES

Elected Member of the Executive Council, American Society of Hypertension (ASH)
Fellow, American Heart Association (FAHA)
Consortium of Southeastern Hypertension Control (COSEHC) (2000-present)
American Society of Hypertension (ASH) Specialist in Clinical Hypertension (1999)
Fellow - National Council on High Blood Pressure (1996-present)
American Heart Association – National Chapter (AHA)
Member of AHA Council on Atherosclerosis, Thrombosis and Vascular Biology
American Heart Association – Middle Tennessee Chapter (AHA)
American Thoracic Society – Member (ATS)
Nashville Academy of Medicine (NAM) and Davidson County Medical Society (DCMS)
Tennessee Medical Association (TMA)
Society for Research and Education in Primary Care Internal Medicine (SREPCIM)
American Society of Internal Medicine (ASIM)
Tennessee Society of Internal Medicine (TSIM)
Fellow, American College of Physician (FACP) (Elected 1984)
American Medical Association (AMA)
Nashville Society of Internal Medicine (NSIM)
Society of Critical Care Medicine (SCCM)
Southern Medical Society (SMS)
American Federation of Clinical Research (AFCR)
Secretary, Tennessee Chapter, American College of Physicians (1987-1990)
American Society of Hypertension (ASH)
The International Society of Hypertension (ISH)
The Intraamerican Society of Hypertension (IASH)
Alternate Delegate to TMA House of Delegates 1994 of Nashville Academy of Medicine (NAM)
Delegate to TMA of NAM, 1995, 1996 and 1997
Government Affairs Committee, Nashville Academy of Medicine
Member of the AHA Council on Arteriosclerosis, Thrombosis and Vascular Biology
International Society of Hypertension in Blacks (ISHIB)
Southeastern Lipid Association (SELA)
Vascular Biology Working Group (VBWG)

MEDICAL LICENSURE

California, July of 1975
Tennessee, June of 1977

VANDERBILT HOSPITAL COMMITTEES (1978-1990)

Internship Selection Committee (1978-1987).
Deputy Chairman, Pharmacy and Therapeutics Committee (1982-1988) Member (1978-1988)
Chairman, Utilization Review Committee (1984-1987)
Medical Intensive Care Committee (1980-1986)
Vanderbilt University Medical Records Committee (1979-1990)
Chairman and Coordinator Vanderbilt University Ambulatory Care Administration Committee (General Medicine) (1986-1990)
Chairman, Medical Records Committee (1987-1990)
Vanderbilt Ambulatory Services Committee (1987-1990)
ICD-9 Coding Committee (1989-1990)

VANDERBILT MEDICAL SCHOOL COMMITTEES (1978-1990)

Vanderbilt Medical School Student Admission Committee Interviewer (1980-1990)
Medical Housestaff Evaluation Committee (1977-1990)
Vanderbilt Medical Student Special Programs Committee (1979-1990)
Promotions Committee for Vanderbilt Medical Students (Years 1-4) (1978-1990)
Faculty Advisor to VMS Students (Years 1-4) (1978-1990)
Continuing Education Committee (1981-1990)
Vanderbilt Medical School Faculty Planning Retreat - Academic Affairs and Educational Programs Conference (September 26-28, 1983)
Co-Director, Continuing Medical Education Committee (1987-1989)
Chairman, Faculty-Staff Philanthropic Campaign, Vanderbilt Medical Center (1985-1986)
Member, Ad Hoc Committee on Education and Philanthropy, Vanderbilt University Medical Center (1985-1989)
Member, Executive Committee, Vanderbilt Professional Practice Program (VPPP) (1986-1990)
Vice-Chairman, ICD-9 Coding Committee (1989)

ST. THOMAS HOSPITAL COMMITTEES (1990-1995)

National Heart Attack Risk Study Advisory Committee
Continuing Medical Education Committee
Institutional Review Board
Education and Research Strategic Planning Work Group
Utilization Review Committee
Vascular Institute Committee and Review Board

TEACHING RESPONSIBILITIES - VANDERBILT UNIVERSITY MEDICAL CENTER (1978-1990)

1. Co-Director, Medical Intensive Care Unit, VUH (1978-1990) including:
 - a. Informal morning rounds
 - b. Attending Physician in Medical ICU
 - c. Core Curriculum Course for Medical ICU
2. Attending Physician Preceptor Medical Ward Teams, VUH (Blue Teams) (1978-1990) (2 months/year)
3. Attending Physician Preceptor for 3rd and 4th year medical students rotating on medicine at VUH (1978-1990) (2 months/year)
4. Attending Physician Preceptor and Tutor for 4th year medical students I Medicine Clerkship in General Medicine elective – Vanderbilt Medical Clinic (1978-1990) (daily)
5. Attending Faculty Preceptor, Medical Consult Service, VUH (1983-1990) (2 months/year)
6. Instructor for informal lectures with Vanderbilt housestaff and medical students (1978-1990)
7. Morning Ward Rounds – informal bedside teaching with medical housestaff and students (1978-1990) (daily)
8. Instructor in Clinical Practice Management Course (1982-1990)
9. Instructor in Critical Care and Emergency Medicine Series (1978-1990)
10. Preceptor: Internal Medicine Residents General Medicine Clinic (1985-1990) (Weekly, Monday a.m. – 4 hours)
11. General Internal Medicine Core Curriculum, VMS 4, 1-2 hours/month (1985-1990)
12. Attending, Medical Consult Service, 2 months/year (1978-1990)

TEACHING RESPONSIBILITIES – SAINT THOMAS HOSPITAL (1990-PRESENT)

1. Attending Physician Green Teaching Service (1-2 months/year) – VMS 3, VMS 4 and Vanderbilt Housestaff
2. Physical Diagnosis Tutor (4 months/year) for VMS 2 (have participated as Physical Diagnosis Tutor for 2nd year medical students since 1977 consecutively)
3. Faculty Advisor to Vanderbilt Medical Students
4. Lecturer – POD Service Attending Red Resident Critical Care Medicine. Lecture Series (Fridays)
5. Tutorial – Outpatient Medicine – 3rd and 4th year Vanderbilt Medical Students
6. Medical Monthly Education Program (MMEP) – United Negro College Fund – Fisk University – Vanderbilt Premedical Summer Institute: Faculty Preceptor (1999-present)
7. Primary Care Medicine (PCM) Clerkship, Faculty Preceptor (1998-present)

INTERNET MEDICINE

1. Medical Director for the Wellness Channel of REZOOM Internet Site
2. Chief Medical Editor for PRESENT CARDIOVASCULAR INTERNET CME TRAINING for physicians worldwide

CLINICAL STUDIES

1. Evaluation of Antihypertensive Therapy. (Clonidine vs Propranolol) On Glucose Tolerance in the Hypertensive Patient with Diabetes Mellitus. Vanderbilt University Medical Center (1980-1983). (Completed). (B.I.L. Grant) Published in part in Cardiology Clinics 14:117-135, February, 1986.
2. Evaluation of Atrovent in Chronic Obstructive Pulmonary Disease. Vanderbilt University Medical Center (1980-1983) (Completed). (B.I.L. Grant).
3. Evaluation of CL 115, 347 (Prostaglandin E). An Oral and Transdermal Prostaglandin Antihypertensive as Monotherapy in Combination with Hydrochlorothiazide in Mild to Moderate Hypertensive Patients, Vanderbilt University Medical Center (1984). (Completed). (Lederle Grant). (No publication. Drug withdrawn from clinical trails). Co-investigators: Dr. John Nadeau and Dr. Alastair Wood in Clinical Pharmacology SCOR.
4. Evaluation of Antihypertensive Therapy (Clonidine and Atenolol) on Serum Lipids, Apoproteins and HDL Subfractions and Glucose in Mild Essential Hypertension. Vanderbilt University Medical Center (1984-1990), (Completed). (B.I.L. Grant). Co-investigators: Dr. John Nadeau, Dr. Taylor Hays, Dr. Larry Swift, Dr. Charles Bradley, Clinical Pharmacology, SCOR and Department of Pathology. (Abstract Published in American Federation of Clinical Research, January, 1987.) Manuscript published in American Heart Journal, 1990; 120:172-179.
5. Evaluation of Clonidine and Yohimbine on Plasma Volume, Sodium Excretion and Clinical Symptoms in Mitral Valve Prolapse Autonomic Dysfunction and Normals. Vanderbilt University Medical Center. (Completed). (No publication anticipated). Co-investigators: Dr. David Robertson and Dr. Jack Onrot, Clinical Pharmacology.
6. Retrospective Analysis of Medical Consult Service. Vanderbilt Hospital (1982-1984). (Completed). Published in Southern Medical Journal 80:176-180, December 1987. Co-investigators: Dr. Taylor Hays, Dr. Frank Gluck and Dr. David Ratcliff.
7. Evaluation of Regression of Left Ventricular Hypertrophy in Mild to Moderate Hypertension with Various Antihypertensive Agents. Clinical Study with the Division of General Internal Medicine, Division of Cardiology, SCOR in Hypertension and Critical Care Unit, Vanderbilt Medical Center. (Completed). (American Heart Association Grant). Co-investigators: Dr. Marvin Kronenberg, Dr. John Nadeau and Dr. Ben Byrd, Clinical Pharmacology, SCOR and Cardiology.
8. Comparison of Mild, Moderate and Severe Hypertensive Patients in Cooperative Care Center Versus University Hospital Patients: Effects of an Education Program on Patient Compliance and Blood Pressure Control. (Completed). Co-investigators: Beth Pulliam, R.N. and Kathy Gibson, R.N. (Abstract published: National Council on High Blood Pressure, 1989).
9. The Effects of Topical Minoxidil in Untreated Mild Hypertensive Patient. Vanderbilt University Medical Center. (Completed). (Upjohn Grant). (Multicenter study to be published). Co-investigator: Dr. John Nadeau, Clinical Pharmacology and SCOR.
10. Pharmacokinetics of Bepidil in Patient with Ischemic Heart Disease: Comparison of Single Versus Multiple Dose Kinetics. (Completed). (Drug withdrawn from clinical trials). (No publication anticipated). Co-investigator: Dr. Ray Woosley.

11. Effect of Guanabenz on Natriuretic Hormone and Atrial Natriuretic Factor in Patients with Essential Hypertension. (Completed). (Wyeth Grant).
12. Comparative Effects of Nifedipine, Atenolol and Placebo on Serum Lipids, Lipoproteins, Lipid Subfractions and Glucose in Mild Hypertensive Patients. (Pfizer Grant). Co-investigator: Dr. Mike Lichtenstein. (Abstract published in ASH Meetings, AFCR and International College of Angiology 1990). Completed May 1992.
13. Clinical Evaluation of Clonidine, Hydrochloride and Catapres-TTS in Smoking Cessation (1987). (B.I.L. Grant). (Completed). Co-investigators: Dr. Craig Heim and Dr. Mike Lichtenstein, Division of General Internal Medicine.
14. Effect on Glucose Tolerance with Hydrochlorothiazide or Angiotensin Converting Enzyme Inhibitor Monotherapy Captopril and Mechanism of Antidiabetic Effect in Hypertensive Patients with Diabetes Mellitus (1986). Co-investigator: Dr. Taylor Hays. (Squibb Grant). (Completed).
15. Open Evaluation of the Efficacy and Safety of Wytensin (Guanabenz) Administered Orally in the Treatment of Hypertensive Type II Diabetic Outpatients. (Wyeth Pharmaceuticals Grant). (Completed).
16. An Evaluation of Efficacy of Wytensin (Guanabenz) when Added to Non-Excellent Responders to Dyazide with Mild to Moderate Hypertension. (Wyeth Pharmaceuticals Grant). (Completed).
17. Comparative Effects of Captopril, Thiazide Diuretics, and Placebo on Serum Lipids, Lipoproteins, Lipid Subfractions, Glucose, Potassium and Quality of Life in Mild to Moderate Hypertensive Patients. (Squibb Grant). (Completed).
18. Comparative Study of Clarithromycin and Penicillin VK in the Treatment of Patients with Streptococcal Pharyngitis. (Abbott Labs Grant). Co-investigator: Dr. Mark Jacokes. (Completed).
19. Effect of Catapres-TTS in Alcohol Withdrawal and Chronic Abstinence. (B.I.L. Grant 1988). Principal Investigator: Dr. Peter Martin. Co-investigators: Dr. Mark Houston and Dr. Anderson Spickard. (Completed).
20. Dose Response Evaluation of Diltiazem in Patients with Hypertensive Urgency. (Marion Labs Grant). (Completed 1990).
21. A Multicenter, Double-Blind, Randomized, Placebo-Controlled, Parallel Clinical Study to Determine the Dose-Response Relationship to Diltiazem Extended Release (ER) in Patients with Mild to Moderate Hypertension. Merck, Sharp and Dohme Research Laboratories 1989.
22. Catapres-TTS and Procardia XL in the Treatment of Mild Hypertension. (B.I.L. Grant, 1990). (Completed).
23. Quinapril Monotherapy Clinical Trial in Mild to Moderate Hypertension.
24. Double-Blind, Placebo-Controlled, Dose Titration Study of the Safety and Efficacy of Dilacor XR in Elderly Patients with Mild to Moderate Hypertension. Rhone-Boulenc Rorer Grant 1992.
25. Insomnia Treatment Study Comparing Triazolam and Temazepam. Upjohn Grant 1992.

26. A Multicenter, Randomized, Double-Blind, Placebo-Controlled Study to Determine the Effect of Nonsteroidal Anti-Inflammatory Drugs (NSAID's) on Blood Pressure in Patients with Mild to Moderate Hypertension Controlled by Verelan. Wyeth Ayerst Grant 1992.
27. HOT Study. Hypertension Optimal Treatment International Study. Astra Merck. (Completed).
28. A Multicenter, Prospective, Randomized, Controlled, Double-Blind Study Examining the Effects of Substituting Norvasc for Procardia XL in the Treatment of Essential Hypertension. Pfizer. (Completed).
29. ALLHAT Study (NHLIB). Antihypertensive and Lipid Lowering Treatment to Prevent Heart Attack Trial. University of Texas. (Completed 2003).
30. Double-Blind, Randomized, Multicenter Trial Comparing Once-Daily Verelan Versus Norvasc in Women with Mild to Moderate Essential Hypertension. Lederle Laboratories, Wyeth Ayerst Laboratories. (Completed 1997).
31. A Triple-Blind Parallel Study to Investigate the Effect of Losartan Versus Atenolol on the Reduction of Morbidity and Mortality in Hypertensive Patients with Left Ventricular Hypertrophy. Merck & Company, Inc. (Completed 1998).
32. RESOLVD. Randomized Evaluation of Strategies for Left Ventricular Dysfunction. Pilot Study. A Two Staged Randomized Trial of Candesartan, Enalapril, and Metoprolol in Patients with Congestive Heart Failure. Canadian Cardiovascular Council. (Completed 1998).
33. TARKA. Trandolapril in Hypertension: Effectiveness When Added to Verapamil SR. Knoll Pharmaceutical Company. (Completed 1998).
34. A-TIME Study. Accupril Titration Interval Management Evaluation. Parke-Davis. (Completed 1997).
35. A Comparison of the Safety and the Efficacy of Mibefradil and Amiodipine in Hypertensive, Non-Diabetic Patients and Hypertensive, Non-Insulin Dependent Diabetic Patients. Roche Pharmaceuticals. (Completed 1998).
36. A 54-Week Open Label Assessment of the Safety and Efficacy Profile of Atorvastatin as Compared to Simvastatin when Used to Optimally Control Patients with Mixed Dyslipidemia. Parke-Davis. (Completed 1996).
37. A Randomized, Double-Blind, Placebo-Controlled, Multi-Center Study Measuring the Effects of CI-991 on Non-insulin Dependent Diabetes Mellitus (NIDDM) Patients Requiring Insulin. Parke-Davis. (Completed 1997).
38. A Randomized, Double-Blind, Parallel Trial Comparing Lotrel 5/10 mg. Once Daily, Lotrel 5/20 mg. Once Daily, Nifedipine GITS 30 mg. Once Daily, and Nifedipine GITS 60 mg. Once Daily in Patients Age 18-80 Years with Essential Hypertension Inadequately Controlled with Nifedipine ITS 30 mg. Once Daily Followed by a Single-Blind Extension of Lotrel 5/20 mg. Once Daily. CIBA. (Completed 1997).
39. CONVINCE. Clinical Protocol for Controlled Onset Verapamil Investigation of Cardiovascular Endpoints. Searle & Company. (Completed 2002).

40. TROPHY. A Randomized, Double-Blind, Placebo-Controlled, Multi-Center, Long-Term Trial of Preventing Hypertension Using Candesartan Cilexetil 16 mg in Patients with High Normal Blood Pressure. Astra Pharmaceuticals, L.P. (Completed August 2005).
41. INVEST. International Verapamil-SR Trandolapril Study. Knoll. (Completed January 2003).
42. A Randomized, Double-Blind, Active-Controlled Study of the Antihypertensive Response to Omapatrilat in Subjects Uncontrolled on ACE-Inhibitor Therapy. Bristol-Myers Squibb. (Completed May 2001).
43. BELLES. Beyond Endorsed Lipid Lowering with EBT Scanning. Pfizer. (Completed 2001).
44. Evaluation of Coronary Heart Disease Regression by EBT in Patients Treated with Concentrated Fruit and Vegetable Extracts. National Safety Associates. (Completed 2004).
45. OCTAVE. Omapatrilat Cardiovascular Treatment Assessment Versus Enalapril. Bristol-Myers Squibb. (Completed July 2001).
46. AVALON. A Multi-Center, Randomized, Double-Blind, Placebo-Controlled and Open-Label Evaluation of the Safety and Efficacy of Dual Therapy with Atorvastatin Plus Amlodipine when Compared to Either Therapy Alone in the Treatment of Patients with Simultaneous Hyperlipidemia and Hypertension. Pfizer. (Completed January 2003).
47. STARS. A Multi-Center, Open-Label, 12-Week Study to Evaluate the Glycemic Control Achieved in StarLix 120 mg in Subjects with Type 2 Diabetes Mellitus in a Practice-Based Setting. Novartis. (Closed).
48. PRESERVE. A Multi-Center, Randomized, Double-Blind, Active Controlled Trial to Compare the Efficacy and Safety of 104 Weeks of StarLix (Nateglinide) Plus Metformin vs. Glyburide Plus Metformin in Drug Naïve Subjects with Type 2 Diabetes Mellitus who have Inadequate Glycemic Control with Diet and Exercise. Novartis. (Completed April 2004).
49. Hypertension Formula Study. A 40 Subject, Placebo-Controlled Trial to Compare the Efficacy of Vasatrol vs. Placebo. (Completed 2002).
50. Hypertension Natural Treatment Vasatrol II Study. A 12 Subject Trial. (Completed December 2002).
51. CCOX 189A2332. An International, Multi-Center, Stratified, Randomized, Double-Blind, Double-Dummy, Parallel-Group, 52-Week Gastrointestinal Clinical Safety Study to Demonstrate that COX 189 (400 mg od) Reduces the Risk to Develop Complicated Ulcers as Compared to NSAID's (Naproxen 500 mg bid and Ibuprofen 800 mg tid) in Osteoarthritis Patients. Novartis. (Completed March 2004).
52. A Double-Blind, Multi-Center, Randomized, Placebo-Controlled, Parallel Group Study of the Efficacy and Safety of Nebivolol Added to Existing Antihypertensive Treatment in Patients with Mild to Moderate Hypertension. Bertek Pharmaceuticals, Inc. (Completed August 2003).

53. EASE. A Multi-Center, Double-Blind, Randomized, Placebo-Controlled, Parallel Group, 6-Week Study to Evaluate the Efficacy and Safety of Ezetimibe 10 mg/day when Added to Ongoing Therapy with a Statin Versus Statin Therapy Alone in Patients with Hypercholesterolemia who have not Reached National Cholesterol Education Program (NCEP) Adult Treatment Panel (ATP) III LDL-Cholesterol Level. Merck & Co., Inc. (Completed November 2003).
54. ADHERE. A Multi-Center, Randomized, Double-Blind, Double-Dummy Study Evaluating the Safety and Efficacy of the Addition of Amlodipine to Quinapril or Losartan in the Treatment of Diabetic Hypertensive Subjects. Pfizer Pharmaceuticals Inc. (Closed November 2003).
55. Aliskiren. A Multi-Center, Randomized, Double-Blind, Placebo-Controlled, Parallel Group Comparing Aliskiren 150 mg, 300 mg, and 600 mg to Placebo and Irbesartan 150 mg in Patients with Mild to Moderate Essential Hypertension. Novartis Pharmaceuticals Corp. (Completed December 2003).
56. A Randomized, Double-Blind, Double-Dummy, Placebo-Controlled, Forced Titration, Comparison of Micardis HCTZ (Telmisartan 80 mg/HCTZ 25 mg) Versus Diovan HCTZ (Valsartan 160 mg/HCTZ 25 mg) Using Seated Trough Cuff Blood Pressure in Patients with Stage 1 and Stage 2 Hypertension. Boehringer Ingelheim Pharmaceuticals. (Completed April 2004).
57. A Randomized, Double-Blind, Multi-Center, Placebo-Controlled, Parallel Group Study to Evaluate the Efficacy and Safety of Valsartan (320 mg) and HCTZ (12.5 and 25 mg) Combined and Alone, Valsartan 160 mg and Valsartan 160 mg/HCTZ 12.5 mg in Hypertensive Patients. Novartis. (Completed May 2005).
58. ACCOMPLISH. A Prospective, Multi-National, Multi-Center, Double-Blind, Randomized, Active-Controlled Trial to Compare the Effects of Lotrel to Benazapril and HCTZ Combined on the Reduction of Cardiovascular Morbidity and Mortality in Patients with High Risk Hypertension. Novartis. (Completed).
59. A Multi-Center, Randomized, Double-Blind Study to Compare the Effects of 24-Weeks Treatment with LAF237 (50 mg QD, 50 mg BID or 100 mg QD) to Placebo in Drug Naïve Patients with Type 2 Diabetes. Novartis. (Completed July 2006).
60. A Multi-Center, Double-Blind, Randomized, Parallel-Group Study to Compare the Effect of 24-Weeks Treatment with LAF237 (50 mg QD or BID) to Placebo as Add-On Therapy in Patients with Type 2 Diabetes Inadequately Controlled with Metformin Monotherapy. Novartis. (Completed May 2006).
61. A Multi-Center, Double-Blind, Randomized, Parallel-Group Study to Compare the Effect of 24-Weeks Treatment with LAF237 (50 mg QD or BID) to Placebo as Add-On Therapy in Patients with Type 2 Diabetes Inadequately Controlled with Thiazolidinedione Monotherapy. Novartis. (Completed August 2006).
62. Oral Ribose in the Treatment of Statin-Induced Myalgias – 30 Patient Study. Bioenergy, Inc. (Completed November 2004).
63. Oral Ribose in the Treatment of Statin-Induced Myalgias – 50 Patient Study. Bioenergy, Inc. (Completed December 2005).

64. Evaluation of a Tocotrienol Complex on Serum Lipids in Human Subjects. Designs for Health. (Completed May 2006).
65. A Double-Blind, Randomized, Placebo-Controlled Factorial Study to Evaluate the Efficacy and Safety of TAK-475 and Simvastatin Alone and in Combination in Subjects with Hypercholesterolemia. Takeda. (Completed April 2007).
66. A Double-Blind, Randomized Study to Evaluate the Efficacy and Safety of TAK-475 or Placebo When Co-Administered with Fenofibrate in Subjects with Combined Hyperlipidemia. Takeda. (Completed March 2007).
67. Plasma Renin Activity as a Physiologic Marker for the Selection of Appropriate Anti-Hypertensive Drug Therapy in Patients Unsuccessfully Treated on Multiple Drugs: The Laragh Method. Cardiovascular Center at the New York Presbyterian Hospital – Cornell Medical Center and Weill Medical Center. (Closed October 2006).
68. AGELESS. A 36-Week, Randomized, Double-Blind, Parallel Group, Multi-Center, Active-Controlled, Optimal Titration Study Comparing an Aliskiren-Based Regimen to a Lisinopril-Based Regimen in Patients \geq 65 Years Old with Systolic Essential Hypertension. Novartis. (Completed).

COURSE DIRECTORSHIPS

1. Section Director, Medical Intensive Care Course, TSIM and Tennessee Region ACP. November 30 - December 1, 1978.
2. Program Director of Symposium on "The Treatment of the Complicated Patient with Hypertension". University of Tennessee and Vanderbilt Medical Center. August 22, 1980.
3. Director, Core Curriculum Course, Medical Intensive Care Unit. Vanderbilt Hospital. 1983.
4. Program Director, Symposium, on Hypertension, Shock and Respiratory Disease. Family Practice Center. University of Tennessee. Jackson, Tennessee. June 24, 1983.
5. Invited Panelist for International Symposium on Hypertension held in Geneva, Switzerland. June 14-16, 1984.
6. Director of the American College of Physicians Scientific Program for Associates. Vanderbilt Hospital. Nashville, Tennessee. February 22, 1985.
7. Guest Expert American College of Physicians Annual Session State of Tennessee Fall Retreat. October 19-20, 1985.
8. Invited Panelist on "The Cardiovascular System in the Elderly". International Symposium held in Montreaux, Switzerland. March 30 - April 2, 1987.
9. Invited Lecturer Australia National Symposium, May 4-18, 1990, held in Sidney, Melbourne, Adelaide, Brisbane, and Perth.
10. International Symposium on Nifedipine GITS and Hypertension Therapy. Cannes, France. February 1992.

11. International Symposium on Clonidine TTS and Hypertension. Indonesia. March 1992.
12. International Society of Hypertension (ISH) Satellite Symposium on Nifedipine GITS. Madrid, Spain. June 1992.
13. Modern Concepts in Hypertensive Therapy, Co-Chairman. Tampa, Florida. May 1992.
14. International Lecture Tour. Oslo, Norway and Medical Universities in Norway. August, 1992.
15. Hypertension Institute, Saint Thomas Hospital Annual Hypertension Symposium. 1996-present.
16. Hypertension Optimal Therapy (HOT) Study Clinical Investigator Meeting. Brussels, Belgium. June 1998.
17. Ultimate Healing: Prayer, Faith, Religion and Medicine: 8 Hour Symposium. Lake Junaluska, North Carolina. May 1998.
18. Ultimate Healing: Prayer, Faith, Medicine and Religion. Director and Speaker. Vanderbilt University Medical Center. November 5-6, 1999.
19. Role of Prayer, Faith, Medicine and Healing. Lake Junaluska, North Carolina. November 2000, 2001 and 2002.
20. Course Director, Public Health Life Extension Lecture Series. Saint Thomas Hospital. 1996 to present.
21. Chair, Annual Scientific Session of COSEHC (Consortium of Southeastern Hypertension Control). Savannah, Georgia. October 2002.

PUBLICATIONS AND ORIGINAL ARTICLES

1. Growdon W, Bratton T, Houston MC. Brain Glucose Metabolism in the Intact Mouse. American Journal of Physiology 221:1738-1745, 1971.
2. Porter LL, Houston MC, Kadir S. Mycotic Aneurysms of the Hepatic Artery: Treatment with Arterial Embolization. American Journal of Medicine 67:697-701, 1979.
3. Houston MC. Clonidine Withdrawal - Fact or Fiction? Western Journal of Medicine 131:449-450, 1979.
4. Houston MC. The Diagnosis and Treatment of Shock. Southern Medical Journal 73:477-484, 1980.
5. Houston MC. Clonidine Hydrochloride. Annals of Internal Medicine 92:718, 1980.
6. Houston MC, Porter LL, Jenkins DE, Flexner JM. Acute Immune Hemolytic Anemia in Adults after Cytomegalovirus Infection. Southern Medical Journal 73:1270-1274, 1980.

7. Houston MC, McChesney JA, Chatterjee K. Pericardial Effusion Associated with Minoxidil Therapy. Archives of Internal Medicine 141:69-71, 1981.
8. Houston MC. Clonidine Hydrochloride: Review of Pharmacologic and Clinical Aspects. Progress in Cardiovascular Disease. 23:337-350, 1981.
9. Hines S, Houston MC, Robertson D. The Clinical Spectrum of Autonomic Dysfunction. American Journal of Medicine 70:1091-1096, 1981.
10. Houston MC. Pleural Effusion: Diagnostic Value of Measurements of PO₂, PCO₂ and pH. Southern Medical Journal 74:585-589, 1981.
11. Garratty G, Houston MC, Petz LD, Webb M. Acute Immune Intravascular Hemolysis Due to Hydrochlorothiazide. American Journal of Clinical Pathology 76:73-78, 1981.
12. Houston MC. Abrupt Cessation of Treatment in Hypertension: Consideration of the Clinical Features, Mechanisms, Prevention and Management of the Discontinuation Syndrome. American Heart Journal 102:415-430, 1981.
13. Houston MC. Abrupt Discontinuation of Antihypertensive Therapy. Southern Medical Journal 74:1112-1123, 1981.
14. Houston MC. Clonidine Hydrochloride. Southern Medical Journal 75:713-721, 1982.
15. Houston MC. Evaluation of Risk in Abrupt Discontinuation of Antihypertensive Medications in Research Subjects. IRB – A Review of Human Subjects Research 6:9-11, January/February, 1984.
16. Houston MC, Thompson WL, Robertson D. Shock: Diagnosis and Management. Archives of Internal Medicine 144:1433-1439, 1984.
17. Houston MC. Oral Clonidine Loading in Hypertensive Emergencies. Hospital Formulary 20:236, February 1985.
18. Houston MC. Examining Dietary Sodium as Cause and Therapy in Hypertension. Consultant pp. 235-245 May 1985.
19. Houston MC, Parker MM. What We Don't Know About Septic Shock Inhibits Specific Management. Emergency Medicine Reports 6:97-104, Winter/Spring 1985.
20. Houston MC. Thiazides and Thiazide-Like Diuretics in Hypertension. Annals of Internal Medicine 103:303, August 1985.
21. Houston MC. Oral Clonidine Loading in the Treatment of Hypertensive Urgencies and Emergencies: A Review. Cardiovascular Reviews and Reports 6:1249-1252, November 1985.
22. Houston MC. Special Considerations in the Management of Septic Shock in the Elderly. Geriatric Medicine Today 5:65-77, January 1986.
23. Houston MC. Sodium and Hypertension: A Review. Archives of Internal Medicine 146:179-185, January 1986.

24. Houston MC. Hypertensive Emergencies and Urgencies: Pathophysiology and Clinical Aspects. American Heart Journal 111:205-210, January 1986.
25. Murray J, Houston MC. Multiple Calcified Intracranial Metastases from Breast Carcinoma with a Therapeutic Response to Tamoxifen. Southern Medical Journal 79:253-254, February 1986.
26. Houston MC. Adverse Effects of Antihypertensive Drug Therapy on Glucose Intolerance. Cardiology Clinics 4:117-135, February 1986.
27. Houston MC. Treatment of Hypertensive Emergencies and Urgencies with Oral Clonidine Loading and Titration: A Review. Archives of Internal Medicine 146:586-589, March 1986.
28. Houston MC, Marion JM, Curry WA. Necrotizing Arteries Associated with Blastomycosis. Southern Medical Journal 79:519-520, April 1986.
29. Houston MC. Treatment of Hypertensive Emergencies and Urgencies with Nifedipine. American Heart Journal 111:963-969, May 1986.
30. Houston MC. Hypertensive Urgencies and Emergencies: Pathophysiology, Clinical Aspects and Treatment. Critical Care: State of the Art (Society of Critical Care Medicine Yearbook 1986) Vol. 7, pp. 151-246, 1986.
31. Houston MC. Antihypertensive Therapy, Serum Lipids, Coronary Heart Disease Risk and Hypertension: Balancing the Risks and Benefits of Treatment. Western Journal of Medicine 145:219-221, August 1986.
32. Houston MC, Johnston PE. Essential Hypertension: New Insights and Controversies in Treatment with Diuretics. Southern Medical Journal 79:984-990, August 1986.
33. Houston MC. Treatment of Hypertensive Emergencies and Urgencies with Oral Clonidine Loading and Titration: A Review. In: Rogers DE, DesPrez RM, Cline MJ, et al. Eds. 1987 The Year Book of Medicine. Chicago: Year Book Medical Publishers, Inc., 1987:698-700.
34. Houston MC.. Treatment of Severe Hypertension and Hypertensive Crisis with Nifedipine. Western Journal of Medicine 146:701-704, June 1987.
35. Ferguson RK, Houston MC, Jackson RE, Liebson PR. Hypertensive Emergency. Patient Care pp. 124-139, August 15, 1987.
36. Houston MC. Pleural Fluid Ph: Diagnostic, Therapeutic, and Prognostic Value. American Journal of Surgery 154:333-337, September 1987.
37. Houston MC, Ratcliff D, Hays T, Gluck FW. Preoperative Medical Consultation and Evaluation of Surgical Risks. Southern Medical Journal 80:1385-1397, November 1987.
38. Houston MC. An Antihypertensive Role for Nifedipine. Emergency Medicine 19:176-180, December 1987.
39. Houston MC. The Comparative Effects of Clonidine, Hydrochloride and Nifedipine in the Treatment of Hypertensive Crises. American Heart Journal 115:152-159, January 1988.

40. Houston MC. The Effects of Antihypertensive Drugs on Glucose Intolerance in Hypertensive Non-Diabetics and Diabetics. American Heart Journal 115:640-656, March 1988.
41. Houston MC. Treatment of Hypertensive Urgencies and Emergencies: Comparisons of Nifedipine and Clonidine. Medical Rounds 1:148-155, April 1988.
42. Houston MC, Hodge R. Beta-Adrenergic Blocker Withdrawal Syndromes in Hypertension and Other Cardiovascular Diseases. American Heart Journal 116:515-523, August 1988.
43. Houston MC. Pre-Operative Medical Consultation and Evaluation of the Surgical Patient. Medical Rounds 1 (s):208-224, November 1988.
44. Houston MC. Approaches to the Treatment of Hypertension in Diabetic Patients. Cardiovascular Reviews and Reports 9 (11):30-35, November 1988.
45. Feinsilver SH, Houston MC, Sahn SA. Recognizing and Managing Pleural Effusions. Patient Care 22 (19):30-54, November 1988.
46. Houston MC. Coronary Heart Disease Risk Factors and Serum Lipids: An Evaluation of the Risks and Benefits of Various Antihypertensive Drug Therapies. Accepted for Publication: Journal American Academy Physician Assistants, December 1988.
47. Houston MC. New Insights and Approaches to the Treatment of Essential Hypertension: Selection of Therapy Based on Coronary Heart Disease Risk Factor Analysis, Hemodynamic Profiles, Quality of Life and Subsets of Hypertension. American Heart Journal 117 (4):911-951, April 1989.
48. Houston MC. Sequence of Abrupt Withdrawal of Antihypertensive Therapy. (Accepted for publication in International Proceedings Journal, June 1989.) International Medical NEWS Group.
49. Houston MC. Antihypertensive Drugs and Effects of Abrupt Cessation. Highlights June 1989.
50. Houston MC. How Dietary Sodium Can Be Effective in Treating Hypertension. Consultant 29 (7):92-97, July 1989.
51. Houston MC. Pathophysiology, Clinical Aspects, Diagnosis and Treatment of Hypertensive Crises. Progress in Cardiovascular Diseases 32 (2):99-148, September 1989.
52. Houston MC. Treatment of Hypertension in Diabetes Mellitus. American Heart Journal 118 (4):819-829, October 1989.
53. Houston MC. Abrupt Cessation of Treatment in Hypertension. Cardiovascular Review and Reports December 1989.
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57. Houston MC. Nonsteroidal Anti-Inflammatory Drugs and Antihypertensives. American Journal of Medicine 90 (Suppl 5A):42S-47S, 1991.
58. Houston MC. Evaluating Risks and Benefits of Drug Therapies for Mild Hypertension. Journal of American Academy of Physician 4:55-62, 1991.
59. Houston MC. Interactions Between NSAIDs and Antihypertensive Drugs. The Journal of Musculoskeletal Medicine 8 (No. 8):31-46, August 1991.
60. Houston MC. Hypertension Strategies for Therapeutic Intervention and Prevention of End Organ Damage Primary Care: Clinics in Office Practice. Hypertension 8 (No. 3):713-753, September 1991.
61. Houston MC, Olafsson L, Burger MC, Lichtenstein MJ. Effects of Nifedipine GITS and Atenolol Monotherapy on Serum Lipids, Blood Pressure, Heart Rate and Weight in Mild to Moderate Hypertension. Angiology. 42 (No. 9):681-690, September 1991.
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63. Houston MC. Exercise and Hypertension: Maximizing the Benefits in Patients Receiving Drug Therapy. Postgraduate Medicine 92 (6):139-153, 1992.
64. Houston, MC. New Insights and Approaches to Reduce End Organ Damage in the Treatment of Hypertension: Subsets of Hypertension Approach. American Heart Journal 123:1337-1367, 1992.
65. Houston MC. Impact of Antihypertensive Drug Therapy on Serum Lipids. Choices in Cardiology 5 (Suppl 2):10-12, 1992.
66. Feinsilver SH, Houston MC, Sahn SA. Effusions Fast Tract Management. Patient Care pp. 92-133, 1992.
67. Houston MC. Hypertension in a Marathon Runner and Hypertensive End Organ Damage. Hypertension Case and Comment. Patient Care Vol. 269 (No. 1):338-339, 1992.
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70. Houston MC. Focus on Concomitant Antihypertensive and NSAID Use. Case Studies in Hypertension Vol. 1 (1):1-4, April 1992.
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78. Houston MC. Hypertension and Coronary Heart Disease Risk Factor Management. Australian Family Physician Vol. 23 (No. 2):243-251 February, 1994.
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86. Houston MC, Strupp JA. Prevention and Treatment of Cancer: Is the Cure in the Produce Aisle? (Editorial Commentary) JANA 3 (No. 3):1-3, 2000.

87. Colodny LR, Montgomery A, Houston MC. The Role of Esterin Processed Alfalfa Saponins in Reducing Cholesterol. JANA 3 (4):6-15, 2001 (Winter).
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89. Houston MC. The Role of Vascular Biology, Nutrition and Nutraceuticals in the Prevention and Treatment of Hypertension. JANA Suppl 1:5-71, April 2002.
90. Raymond N, Houston MC. Take the Pressure Off Your Heart: Control Hypertension. Great Life February:27-30, 2002.
91. Houston MC. Hypertension: A Complementary Approach. Natural Pharmacy 6 (5):1, 18-20, 2002.
92. Houston MC. Nutrition and Nutraceuticals in the Prevention and Treatment of Hypertension. Townsend Newsletter. Accepted 5/02.
93. Houston MC. Nutrition, Vitamins, Antioxidants and Hypertension. Total Health Magazine. Accepted 5/02.
94. Houston MC, Hungerford DS, Krueger R, Eddington ND, Foley C, Montgomery A, Fox B. Comments on “joint remedies” article in Consumer Reports (Editorial). JANA 5 (1):1-2, 2002.
95. Houston MC, Asher JR, Naftilan AJ, Hawkins RG. Hypertension Institute ALLHAT Clinical Trial Review: ALLHAT Not All that it’s Cracked Up to Be: Review of the Facts and the Science. Editorial Opinion. JANA 6 (1):1-4, 2003 (Winter).
96. Houston MC. Book Review. The Paleo Diet. JANA 6 (1):41-43, 2003 (Winter).
97. Houston MC. ALLHAT Debate: Diuretics are Not Preferred, First-Line Initial Therapy for Hypertension (Letter to the Editor). Archives of Internal Medicine 164:570-572, 2004.
98. Houston MC. What Your Doctor May Not Tell You About High Blood Pressure. Bottom Line Health 18:3-5, August 2004.
99. Houston MC. The Metabolic Syndrome. Saint Thomas Journal 3:13-17, 2005.
100. Houston MC. “Meta-Analysis, Metaphysics and Mythology”. Scientific and Clinical Perspective on the Controversies Regarding Vitamin E for the Prevention and Treatment of Disease in Humans (Editorial). JANA 8 (1):4-7, 2005.
101. Standridge JB, Sealey JE, Laragh JH, Houston MC, Gavras H, Johnson RJ, Blumenfeld JD, Brown M, Egan BM, Meltzer JI, Shimosawa T, Fujita T. A Free-Ranging Roundtable Discussion on Hypertension. Journal of Human Hypertension advance online publication, 17 February 2005; doi:10.1038/sj.jhh.1001811.
102. Houston MC, Egan BM. The Metabolic Syndrome. Pathophysiology, Diagnosis, Clinical Aspects, Prevention and Nonpharmacologic Treatment: Emphasis on Lifestyle Modifications, Nutrition, Nutritional Supplements, Vitamins, Minerals, Antioxidants, Weight Management and Exercise. JANA 8 (2):3-83, 2005.

103. Bestermann W, Houston MC, Basile J, Egan B, Ferrario CM, Lackland D, Hawkins RG, Reed J, Rogers P, Wise D, Moore MA. Addressing the Global Cardiovascular Risk of Hypertension, Dyslipidemia, Diabetes Mellitus, and the Metabolic Syndrome in the Southeastern United States, Part II: Treatment Recommendations for Management of the Global Cardiovascular Risk of Hypertension, Dyslipidemia, Diabetes Mellitus, and the Metabolic Syndrome. The American Journal of the Medical Sciences 329:292-305, 2005.
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105. Hawkins RG, Houston MC. Is Population-Wide Diuretic Use Directly Associated with the Incidence of End-Stage Renal Disease in the United States? – A Hypothesis. American Journal of Hypertension 18:744-749, 2005.
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107. Standridge JB, Sealey JE, Laragh JH, Houston MC, Gavras H, Johnson RJ, Blumenfeld JD, Brown M, Egan BM, Meltzer JI, Shimosawa T, Fujita T. A Free-Ranging Roundtable Discussion on Hypertension. Journal of Human Hypertension 19:259-266, 2005.
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ABSTRACTS

1. "Acute Hemolytic Anemia Associated with Antibodies to Hydrochlorothiazide." Presented at the 29th Annual Meeting of the American Association of Blood Banks. San Francisco, California. November 6, 1976.
2. Houston MC. Clonidine Hydrochloride: Review of Pharmacological and Clinical Aspects. International Synopses, Cardiology Digest, page 15, February 1982.
3. Houston MC, Hays T, Nadeau J, Olafsson L, Burger C. "Effects of Clonidine and Atenolol Monotherapy on Serum Lipids, Lipoproteins and Glucose in Mild Hypertension." Presented at the American Federation of Clinical Research. New Orleans, Louisiana. January 29, 1987.
4. Houston MC, Hays T, Nadeau J, Olafsson L, Burger C. Effects of Clonidine and Atenolol Monotherapy in Serum Lipids, Lipoproteins and Glucose in Mild Primary Hypertension. Clinical Research 35:348A, 1987.

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6. Houston MC, Hodge R. Beta-Adrenergic Blocker Withdrawal Syndromes in Hypertension and Other Cardiovascular Diseases. American Heart Journal 116 (2-Part 1):515-523, August 1988.
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